



Self-Directed Activity Credits for Family Physicians

Mainpro-M2 Credits

Conferences, courses and workshops not accredited for Mainpro-M1 or Mainpro-C credits.

Mainpro-M2 credits are claimed on a one (1) credit per hour of participation basis.

More information: www.cfpc.ca/Mainpro_Eligible_Activities

Mainpro-C Credits

Linking Learning to Practice

Unaccredited activities may be treated as stimuli for the generation of practice-related questions and answers. The Linking Learning to Practice form guides you through an inquiry and decision-making process, and then facilitates the reflective process necessary for earning Mainpro-C credit.

Earn two Mainpro-C credits for each completed exercise you submit.

More information: www.cfpc.ca/Linking_Learning_to_Practice

Pearls™

Pearls™ is a self-directed, evidence-based practice reflection exercise. As a self-learning activity, Pearls guides you through a five-step process:

- Formulating a practice-based clinical question.
- Seeking the appropriate information to answer your questions.
- Evaluating the available information.
- Making a decision on how to use/incorporate the information into your practice.
- Evaluating the impact of your decision after a sufficient period of time has elapsed.

Earn three Mainpro-C credits for each exercise you submit.

More information: www.cfpc.ca/Pearls

Login to your CFPC account at <https://www.cfpc.ca/login/>